

# Sandy Beach

## Sensory Bottle



### You will need:

A large, empty and dry plastic bottle or jar (2 litres)

Strong glue

Sticky tape

A funnel

A selection of shells (of different shapes, sizes and colours)

Dry sand

Strips of green cellophane or crepe paper (to represent seaweed)

Optional resources - gold eco-glitter, a small world crab, foam stars (to represent starfish)



### Method:

1. Fill the bottle half full with sand. You may like to use the funnel to help you to add the sand into the bottle.
2. Add the selection of shells, several strips of green cellophane and any other optional resources you choose to use.
3. Put the lid on the bottle. For safety reasons, squeeze glue onto the inside of the bottle top and secure the lid on to the bottle. Allow time for the glue to dry, then add tape around the lid of the bottle.
4. Shake the bottle to help to spread out the shells.
5. The Sandy Beach Sensory Bottle is now ready for children to play with.

### Play ideas:

- Encourage babies to engage in tummy time by placing them safely on their tummies on a colourful beach towel. Next, carefully lie the bottle on the floor just out of their reach and slowly rotate the bottle. Babies can watch and listen to the sand, shells and seaweed moving around the bottle.
- Sing, 'What can you see in the bottle? What can you see in the bottle?' as you provide children with time to look for the hidden treasures in the sand. You may like to draw their attention to shells of differing sizes, such as 'large' and 'small'.
- Place the bottle in front of a child, then gently roll it away from them over a blue sheet (to represent the sea). Can they reach for the bottle or crawl to it? Can they attempt to roll the bottle back to you?

**Disclaimer:** This resource is provided for informational and educational purposes only. As this resource refers to sensory activities, sometimes including food items/ingredients, you must ensure that an adequate risk assessment is carried out prior to using this resource. This resource is not taste-safe. You must contact a suitably qualified professional if you are unsure. Twinkl is not responsible for the health and safety of your group or environment. Please be aware that learners should be supervised at all times due to potential hazards with handling and exploring sensory objects, particularly young or vulnerable learners. Sensory activities can engage learners in their play and learning, but supervising adults should check for allergens and assess any potential risks before the activity and only proceed if it is safe to do so, for example, even the shallowest amount of water can be extremely dangerous. Learners should wash their hands before and after these activities.