

Dinosaurs

Sensory Bottle



You will need:

Large empty jar or bottle

Strong glue

Sticky tape

Warm water

Clear hair gel (the amount needed depends on the size of your bottle)

Plastic small world dinosaur toys (ideally mini dinosaurs used as toy favours in party bags)

Dinosaur confetti or eco-glitter

Optional: small coloured beads



Method

1. Add the small dinosaur toys into the empty jar/bottle along with the dinosaur confetti and/or eco-glitter.
2. Combine one part hair gel and six parts warm water and add into the bottle, leaving a little room at the top of the bottle.
3. Put the lid on the bottle and leave the bottle to settle and cool completely.
4. Next, shake the bottle vigorously to test how the confetti and dinosaurs move and fall. If they fall too slowly, you will need to empty the mixture out and add a little more warm water before pouring back in and retesting. However, if the objects fall too fast, you will need to mix in a little more hair gel.
5. Once you are happy with how the objects move and flow around the bottle then, for safety reasons, squeeze glue onto the inside of the bottle top and secure the lid on to the bottle. Allow time for the glue to dry, then add tape around the lid of the bottle.
6. The Dinosaurs Sensory Bottle is now ready for children to play with.

Sensory Play Ideas

- Encourage children to slowly manipulate the bottle, concentrating on how the dinosaurs move and float around. They could explore tipping and rotating it and rolling it across the floor.
- Model making dinosaur sounds as you explore the bottle. Can the children imitate the sounds you have made?
- For older children, play dinosaur I-spy, searching for different features on the dinosaurs, such as long necks or finding two dinosaurs that are the same size. Can children recognise and name any of the moving dinosaurs?